



**26th Senior Women's & 45th Senior Men's  
Asian Weightlifting Championships**  
3 - 12 September 2015, Phuket, THAILAND



**Message From  
President of  
Thai Amateur Weightlifting Association**

Thai Amateur Weightlifting Association (TAWA) has been honored by Asian Weightlifting Federation (AWF) to host the 26th Senior Women's & 45th Senior Men's Asian Weightlifting Championships during 3-12 September 2015 in Phuket, Thailand.

Phuket Province, Thailand (Thailand's largest island known as pearl of the Andaman). Hoping you to be our guests to enjoy the attractive historical province of Phuket. The surrounding waters contain much varied marine life and the island itself is blessed with lovely seashores and forested hillside. Phuket Town also has some wonderful examples of Sino-Portuguese architecture, making visits memorable and meaningful.

On behalf of Organizing Committee. I wish to express my utmost sincere appreciation to all of you who participate and to those federations and associations that supported us. Thanks all the members of the organizing committees who have times making the Championships success. And also apologizes in advance any shortcomings that you may experience. I do believe that through the organization of Championships will not only gives us an opportunity to further contribution to the development of weightlifting sport in Asia, but also enable us to strengthen the friendship among the Asian Weightlifting families. Wish you all happy stay in Phuket and looking forward to hear from you soon.

**Mrs. Boossaba YODBANGTOEY**  
*AWF 1st Vice President*  
*TAWA President*





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**COMPETITION RULES AND REGULATIONS**

Competitions will be held in accordance with of the latest International Weightlifting Federation (IWF) rules and regulation and the Manual for the Organizers of World Championships of IWF.

**ELIGIBILITY**

Only National Federations/Associations affiliated with the Asian Weightlifting Federation are eligible to participate; participating athletes must born in 2000 (15 years old & above). With reference to Article 5.6.4 of the IWF Anti-Doping Policy, the athletes who are not listed in the IWF's registered testing pool and who want to enter an IWF & continent event shall nevertheless register to ADAMS system and submit proper whereabouts information at least 2 months before the IWF & continent event in question. The athletes who do not comply with this provision are not eligible to compete.

**ACCOMMODATIONS**

All delegation members participating in the Event will be accommodated in:-

**ROYAL PHUKET CITY HOTEL**

154 Phang Nga Rd., Muang, Phuket 83000, THAILAND

Tel: (+66) 7623 3333

Fax: (+66) 7623 3335

Website: <http://www.royalphuketcity.com>

Email: [reservation@royalphuketcity.com](mailto:reservation@royalphuketcity.com)





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**METROPOLE HOTEL PHUKET**

1 Soi Surin, Montri Rd., Muang, Phuket 83000, THAILAND

Tel: (+66) 7621 4020-9

Fax: (+66) 7621 5990

Website: <http://www.metropolephuket.com>

Email: [info@metropolephuket.com](mailto:info@metropolephuket.com)



**VENUES**

**Competition Site** : 4,000-seating Capacity Saphanhin Gymnasium

**Training Site** : 4,000-seating Capacity Saphanhin Gymnasium





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## EVENTS

**MEN** : 56 kg, 62 kg, 69 kg, 77 kg, 85 kg, 94 kg, 105 kg, +105 kg.

**WOMEN** : 48 kg, 53 kg, 58 kg, 63 kg, 69 kg, 75 kg and +75 kg.

## ENTRIES

Preliminary Entry Forms must be submitted to the Organizing Committee and the AWF before **3 July, 2015**

Final Entry Forms must be submitted to the Organizing Committee and the AWF before **3 August, 2015**

The Media Accreditation Forms must be returned to the Organizing Committee before **3 August, 2015**

Team Accommodation Forms must be returned to the Organizing Committee before **3 August, 2015**

**SPORT EQUIPMENT:** IWF approved sport equipment will be provided.

## DOPING CONTROL

The competitions are subject to IWF Anti-Doping Policy and the Anti-Doping Control costs covered by AWF.

## FINANCIAL CONDITIONS

1. Accommodation costs in hotels for participants are as follows:

- Triple room type: US\$ 110 per person per day including 3 meals daily at an exclusively-arranged restaurant in hotel
- Double room type: US\$ 120 per person per day including 3 meals daily at an exclusively-arranged restaurant in hotel
- Single room type: US\$ 140 per person per day including 3 meals daily at an exclusively-arranged restaurant in hotel

2. Entry Fee of US\$ 120 per person must be paid by each delegation member, athlete or official.

3. All athletes have to pay a Special Anti-Doping Levy of US\$ 50 per person.

4. All payment must be paid in US dollars(cash only) which be settled by the Organizing Committee upon their arrival at the Accreditation Center in the hotel.

5. A minimum Stay of 4(four) days is required for all participants.





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### **TRANSPORTATION**

All teams will be received at *Phuket International Airport*, Phuket, Thailand, upon their arrival and they will be ferried by bus to the Hotel. The Organizing Committees will provide local transportation between official venues and hotel for competition and training according to schedule which will be announced to teams on completion of accreditation process.

### **TECHNICAL OFFICIALS**

Technical Officials (Juries, Referees, Technical Controllers, Chief Marshal and Doctor-on-Duty, The competition Secretary, Time Keepers) will be appointed by AWF. The Competition Speakers, loaders and any back-up technical staff will be provided by the Organizing Committees.

### **INSURANCE**

As required by the IWF Regulations, all participants must be under insurance coverage for travel and accident/injury by their respective Federations before their departure from their home country.

### **VISA**

Visa entry to Thailand could be obtained from the Thai Embassy in the respective countries by presenting the Official Invitation for the said Championships. If there is any help needed, please contact the Organizing Committee. A complete list of names with passport data, photos and fax number/ mailing address should be sent in time to the Organization Committee for the issuance of invitation letters or upon arrival at the airport.

### **VISA**

Visa entry to Thailand could be obtained from the Thai Embassy in the respective countries by presenting the Official Invitation for the said Championships. If there is any help needed, please contact the Organizing Committee. There are many countries can apply VISA on arrival to Thailand please check this website; <http://www.mfa.go.th/main/contents/files/services-20150120-100712-551809.pdf>. If you would like to request Exemption VISA please send a complete list of names with passport data, itinerary schedule (flight booking) and fax number/ mailing address should be sent in time to the Organization Committee for the issuance of invitation letters, the process will take at least 20 days.

### **FLAG AND ANTHEM**

Each participating team is kindly requested to bring along a CD of their National Anthem and two National Flags 1.2 x1.8 m.

These must be submitted upon arrival/accreditation.





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## AWARDS

**Gold, Silver and Bronze** medals will be awarded to the first three winners in the Snatch, Clean & Jerk and Total in each bodyweight category of both senior Women's & Men's division.

**Trophies** in Total respectively for Women's & Men's senior Weightlifting Championships in accordance with AWF team classifications.

## ACCREDITATION

The accreditation of the delegations will take place in the HOTEL mention above upon arrival.

### **Remark**

*With much more convenience to shorten time of waiting for accreditation once arrival of all delegates, please feel free to send and attach photos and photocopies of their passports.*

**AVERAGE TEMPERATURE in PHUKET: 26-34°C**

**ELECTRICITY: 220 Volt**

## FURTHER INFORMATION

Please contact THAI AMATEUR WEIGHTLIFTING ASSOCIATION (TAWA)  
286, 20<sup>th</sup> Floor of Sports Authority Building.  
Ramkhamhaeng Rd., Hua Mark Bangkapi Bangkok 10240  
THAILAND  
Tel: (+66) 2170-9461  
Fax: (+66) 2170-9462  
Website: [www.tawa.or.th](http://www.tawa.or.th)  
Email: [tawa@tawa.or.th](mailto:tawa@tawa.or.th)

ASIAN WEIGHTLIFTING FEDERATION  
Tel: +974 4494 3274 / 4494 3076  
Fax: +974 4494 4255  
Website: [www.awfederation.com](http://www.awfederation.com)  
Email: [info.awfederation.com](mailto:info.awfederation.com)





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**COMPETITION SCHEDULE AND PROGRAM**

<b>Thursday</b>	<b>03 September 2015</b>	Arrival & Registration Delegations		
<b>Friday</b>	<b>04 September 2015</b>			
11:00		AWF Technical Committee Meeting		
11:00		AWF Medical Committee Meeting		
11:00		AWF Coaching & Research Committee Meeting		
14:00		AWF All Commission Meeting		
<b>Saturday</b>	<b>05 September 2015</b>			
10:00		<i>Final Verification</i>		
11:00		Technical Official Meeting		
14:00		AWF Executive Board Meeting		
16:00		AWF Annual Congress		
<b>Sunday</b>	<b>06 September 2015</b>			
10:00		Women	48 Kg.	Group B
12:00		Men	56 Kg.	Group B
14:00		Opening Ceremony		
15:00		Women	48 Kg.	Group A
17:00		Men	56 Kg.	Group A
<b>Monday</b>	<b>07 September 2015</b>			
10:00		Women	53 Kg.	Group B
12:00		Men	62 Kg.	Group B
14:00		Women	53 Kg.	Group A
16:00		Men	62 Kg.	Group A
18:00		Women	58 Kg.	Group A
<b>Tuesday</b>	<b>08 September 2015</b>			
10:00		Women	63 Kg.	Group B
12:00		Men	69 Kg.	Group B
14:00		Women	63 Kg.	Group A
16:00		Men	69 Kg.	Group A





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**Wednesday 09 September 2015**

10:00	Men	77 Kg.	Group B
12:00	Men	85 Kg.	Group B
14:00	Men	77 Kg.	Group A
16:00	Men	85 Kg.	Group A

**Thursday 10 September 2015**

10:00	Men	94 Kg.	Group B
12:00	Women	69 Kg.	Group A
14:00	Men	94 Kg.	Group A
16:00	Women	75 Kg.	Group A

**Friday 11 September 2015**

10:00	Men	105 Kg.	Group A
12:00	Women	+75 Kg.	Group A
14:00	Men	+105 Kg.	Group A
18:00	Closing Ceremony / Banquet		

**Saturday 12 September 2015** Departure of Delegations

Note: Time schedule may subject to be changed after the verification of final entries.

[http:// www.tawa.or.th](http://www.tawa.or.th)







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**PRELIMINARY ENTRY FORM / MEN**

The Preliminary Entry Form must be submitted to the Organizing Committee and AWF prior to **3 July 2015**.

**THAI AMATEUR WEIGHTLIFTING ASSOCIATION (TAWA)**

- 286 , 20<sup>th</sup> Floor Sports Authority of Thailand Building. Ramkhamhaeng Rd., Hua Mark Bangkokpi  
Bangkok 10240 THAILAND • Tel: +66 2170 9461 • Fax: +66 2170 9462
- e-mail: [tawa@tawa.or.th](mailto:tawa@tawa.or.th)

**ASIAN WEIGHTLIFTING FEDERATION (AWF)**

- Tel: +974 4494 4246 / 4494 3076 • Fax: +974 4494 4255 • e-mail: [info@awfederation.com](mailto:info@awfederation.com)

No.	Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Departure Date
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Country : ..... Signature .....

Date : .....





**26th Senior Women's & 45th Senior Men's  
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**PRELIMINARY ENTRY FORM / WOMEN**

The Preliminary Entry Form must be submitted to the Organizing Committee and AWF prior to **30 July 2015**.

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Country : ..... Signature .....

Date : .....





# 26th Senior Women's & 45th Senior Men's Asian Weightlifting Championships

## 3-12 September 2015, Phuket, THAILAND



### FINAL ENTRY FORM / MEN

The Final Entry Form must be submitted to the Organizing Committee and AWF prior to **3 August 2015**

#### THAI AMATEUR WEIGHTLIFTING ASSOCIATION (TAWA)

• 286 , 20<sup>th</sup> Floor Sports Authority of Thailand Building. Ramkhamhaeng Rd., Hua Mark Bangkok Bangkok 10240 THAILAND • Tel: +66 2170 9461 • Fax: +66 2170 9462  
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No.	Bodyweight Category	Names of Athletes	Date of Birth	Entry Total	Arrival date	Arrival time Flight No.	Departure Date	Departure time, Flight No.	Passport No.	Visa No.
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Signature: .....

Date: .....

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# 26th Senior Women's & 45th Senior Men's Asian Weightlifting Championships

## 3-12 August 2015, Phuket, THAILAND



### FINAL ENTRY FORM / WOMEN

The Final Entry Form must be submitted to the Organizing Committee and AWF prior to **3 August 2015**

#### THAI AMATEUR WEIGHTLIFTING ASSOCIATION (TAWA)

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**PHOTO ATTACHED OF PARTICIPANTS**

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**Note:** Please attached photos of your participants with Final Entry Form by e-mail





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**Note:** Please attached photos of your participants with Final Entry Form by e-mail





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**MEDIA ACREDITATION FORM**

The Entry Form must be submitted to the Organizing Committee and AWF prior to **3 August 2015**.

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Last Name.....	Name .....
Nationality.....	Employee .....
Address.....	Province .....
Identification No. ....	City .....

<input type="checkbox"/> Journalist	<input type="checkbox"/> News Agency	<input type="checkbox"/> Daily Newspaper
<input type="checkbox"/> Sport Magazine	<input type="checkbox"/> Photographer	<input type="checkbox"/> Radio Reporter
<input type="checkbox"/> TV Reporter	<input type="checkbox"/> Other: .....	

**What communication type you will use?**

Telephone     Fax     E-mail     Other: .....

**Arrival**

Date/Time: \_\_\_\_\_

Flight Number: \_\_\_\_\_

**Departure**

Date/Time: \_\_\_\_\_

Flight Number: \_\_\_\_\_

Signature: \_\_\_\_\_





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**TEAM ACCOMMODATION FORM**

The Entry Form must be submitted to the Organizing Committee and AWF prior to **3 August 2015**.

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Date	Single Room	Double Room	Triple Room
02 September 2015			
03 September 2015			
04 September 2015			
05 September 2015			
06 September 2015			
07 September 2015			
08 September 2015			
09 September 2015			
10 September 2015			
11 September 2015			
12 September 2015			
13 September 2015			

Country: ..... Signature: .....  
Date: .....

