



Welcome To Turkmenistan

**Asian Senior Championship
21-29 April 2017
Ashgabat**



**Asian Senior Championship
21-29 April 2016
Ashgabat**



OFFICIAL INVITATION

To the President/General Secretary
Affiliated National Weightlifting Federation/ Association

Dear Sir/Madam,

On behalf of Turkmenistan Weightlifting Federation and Organizing Committee,

we have a great honor to invite you to Asian Senior Championship which is going to be held from **21-29 April 2017** in Ashgabat.

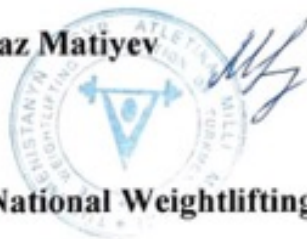
Ashgabat is a city of magnificent beauty, sunny and welcoming, the city that harmony of Asian architecture and modern urban planning. Ashgabat has such epithets as "The city of Friendship" and "The city of Peace".

As many of you know, Ashgabat hosted many Weightlifting Championships and we are very happy to organize again such a prestigious event in our city. These Asian Weightlifting Championships will gather Asian weightlifting families, as well as a weightlifting event of the highest level in Asia. We will do our best to be a good host, show the hospitality and make it a grand event. We believe that success of this event will contribute to the upgrading of its sporting level and to the strengthening of unity and friendship among the people of Asia.

We are looking forward to welcoming you in Ashgabat city!

With best regards,

Berdinyaz Matiyev



Head of National Weightlifting Federation of Turkmenistan



**2017 AWF Asian Weightlifting Championships
Ashgabat, Turkmenistan**

**Competition & Television Transmission Timetable / 1
Issue V4: 24 March 2017**

All times listed below are local: Ashgabat = GMT + 5 hours

Friday 21 April	Arrival Day	
13.00 - 14.00	Lunch	
18.00 - 19.00	Team Manager's Meeting: Final Entries Verification	
19.00 - 20.00	AWF Committee Meetings: Technical: Medical: Coaching & Research	
20.00 - 21.00	AWF Executive Board Meeting	
Saturday 22 April	AWF Congress & Television Rehearsal	
08.30 - 09.00	Congress Registration	
09.00 - 12.00	Congress	
12.00 - 13.00	Lunch	
13.30 - 14.15	Technical Officials Briefing in Competition Hall	
14.15 - 15.45	Television Rehearsal & Full Competition Systems Test	
(14.15 - 15.00)	In Detail	
	Simulated competition with 5 x local lifters + EWF Referees, Jury & Technical Controllers	
(15.00 - 15.45)	Athletes Presentation, Medal Ceremony & Flag Raising Rehearsals	
17.00 - 18.30	Women's 48kg 'B' Group	(provisionally 10 lifters)
18.45 - 20.45	Men's 56kg 'B' Group	(provisionally 10 lifters)
Sunday 23 April	1st Competition Day	
09.00 - 11.00	Men 62kg 'B' Group	(provisionally 10 lifters)
12.00 - 13.00	Televised Opening Ceremony	
14.00 - 16.00	Televised Women's 48kg 'A' Final	(provisionally 10 lifters)
17.00 - 19.00	Televised Men's 56kg 'A' Final	(provisionally 10 lifters)
20.00 - 22.00	Televised Men's 62kg 'A' Final	(provisionally 10 lifters)
Monday 24 April	2nd Competition Day	
11.00 - 13.00	Women 53kg 'B' Group	(provisionally 10 lifters)
14.00 - 16.00	Women 58kg 'B' Group	(provisionally 10 lifters)
17.00 - 19.00	Televised Women 53kg 'A' Final	(provisionally 10 lifters)
20.00 - 22.00	Televised Women's 58kg 'A' Final	(provisionally 10 lifters)
Tuesday 25 April	3rd Competition Day	
10.00 - 12.00	Men 69kg 'C' Group	(provisionally 10 lifters)
12.00 - 14.00	Women 63kg 'B' Group	(provisionally 10 lifters)
14.00 - 16.00	Men 69kg 'B' Group	(provisionally 10 lifters)
17.00 - 19.00	Televised Women's 63kg 'A' Final	(provisionally 10 lifters)
20.00 - 22.00	Televised 69kg Men's 'A' Final	(provisionally 10 lifters)

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**2017 AWF European Weightlifting Championships
Ashgabat, Turkmenistan**

**'Provisional'
Competition & Television Transmission Timetable / 2
Issue V3: 23 February 2017**

All times listed below are local: Ashgabat = GMT + 5 hours

Wednesday 26 April	4th Competition Day	
10.00 - 12.00	Men 77kg 'C' Group	(provisionally 10 lifters)
12.00 - 14.00	Women 69kg 'B' Group	(provisionally 10 lifters)
14.00 - 16.00	Men 77kg 'B' Group	(provisionally 10 lifters)
17.00 - 19.00	Televised 69kg Women's A Final	(provisionally 10 lifters)
20.00 - 22.00	Televised 77kg Men's A Final	(provisionally 10 lifters)
Thursday 27 April	5th Competition Day	
10.00 - 12.00	Men 85kg 'C' Group	(provisionally 10 lifters)
13.00 - 14.00	Women 75kg 'B' Group	(provisionally 10 lifters)
14.00 - 16.00	Men 85kg 'B' Group	(provisionally 10 lifters)
17.00 - 19.00	Televised 75kg Women's 'A' Final	(provisionally 10 lifters)
20.00 - 22.00	Televised 85kg Men's 'A' Final	(provisionally 10 lifters)
Friday 28 April	6th Competition Day	
10.00 - 12.00	Women 90kg & +90kg 'B' Groups	(provisionally 10 lifters)
12.00 - 14.00	Men 105kg 'B' Group	(provisionally 10 lifters)
14.00 - 16.00	Men 94kg 'B' Group	(provisionally 10 lifters)
17.00 - 19.00	Televised 90kg Women 'A' Final	(provisionally 10 lifters)
20.00 - 22.00	Televised 94kg Men 'A' Final	(provisionally 10 lifters)
Saturday 29 April	7th & Final Day of Competition	
09.00 - 10.30	Men +105kg 'B' Group	(provisionally 08 lifters)
11.30 - 13.30	Televised 105kg Men's 'A' Final	(provisionally 10 lifters)
14.30 - 16.15	Televised +90kg Women's 'A' Final	(provisionally 08 lifters)
17.15 - 19.15	Televised +105kg Men's A Final	(provisionally 10 lifters)
20.15	Closing Ceremony	

Important Notes

1: The times listed above are subject to change and the agreement of the AWF, the Host Broadcaster and Organising Committee.

2: the duration between the end of the Snatch and the Start of the Clean & Jerk for all categories will be 10 minutes.

3: Medal Ceremonies should commence no later than 5' after the last lift in each of the televised 'A' Finals

Issue V4: 24 March 2017

RULES & REGULATIONS

1. DATE AND VENUES

21 - 29 April, 2017

Competition/ Training Site: Ashgabat Olympic Complex, (Martial Arts Arena)

Accommodation/Hotels:

“ Hotel Ashgabat” in Ashgabat City

Address: 2002/5 street.11 Ashgabat, Turkmenistan

2. COMPETITION RULES AND REGULATIONS:

The competition will be held in accordance with the latest Constitution and Rules of the IWF Constitution and By-Laws of and IWF Technical and Competition Rules and Regulations.

3. ELIGIBILITY OF PARTICIPATION

Participating athletes for the

championship should be below 2002, minimum 15 years old. must be 15 years of age and over (year of birth 2002 or earlier)

With reference to articles 5.6.4 of the IWF Anti-Doping policy the athletes who are not listed in the IWF's Registered testing pool and who want to enter and IWF event shall nevertheless register to the ADANS system a Submit proper where bouts information at least 2 months before the IWF event in Question. The Athletes who do not comply with provision are not eligible to compete. Only athletes of member federation that has no outdenter arrears towards the IWF/AWF are eligible to participate.

4. EVENTS

Women: 48kg, 53kg, 58kg, 63kg, 69kg, 75kg, 90Kg , +90Kg

Men: 56kg, 62kg, 69kg, 77kg, 85kg, 94kg, 105kg, +105 kg

5. ENTRIES

Preliminary Entry Forms (**with Visa application forms, passport copies & clear photos**) must be submitted to the Organizing Committee and the Asian Weightlifting Federation (AWF) respectively not later than 15 February, 2017.

Final Entry Forms and Accommodation Forms must be submitted to the Organizing Committee and the Asian Weightlifting Federation (AWF) respectively not later than 15 March, 2017.

6. AWARDS

Gold, silver and bronze medals will be awarded to the first three winners in the Snatch, Clean & Jerk and Total Competition in each bodyweight category of Senior's events in both Women's & Men's division.

Certificates of participation will be presented to all participants.

Trophies will be awarded to the best six teams in total respectively for Women and Men's competition in accordance with the IWF Team Classifications.

7. DOPING CONTROL

Doping Control will be conducted in accordance with the IWF Anti-Doping Policy.

8. BARBELL

IWF-approved.

9. FINANCIAL CONDITIONS:

Double room: **US \$ 120** per person per day with three meals.

Single room: **US \$ 140** per person per day with three meals.

Entry fee: **US \$ 120** per person to AWF

Anti-Doping Fee: **50\$ USD per lifter** to AWF

All payments regarding accommodation must be paid in cash to the Organizing Committee. A minimum stay of 4 days is required for all participants except the AWF executive board free accommodation for 4 nights. Technical official will be covered during the competition.

10. TECHNICAL OFFICIALS

The technical officials will be appointed by AWF and will be sent to the IWF.

The Competition Speakers, loaders and assistants will be provided by the Organizing Committee.

11. FLAG AND ANTHEM

Each participating team is kindly requested to bring along a CD of their National Anthem and two National Flags (1.2m X 1.8 m). These must be submitted upon arrival to the Organizing Committee.

12. TRANSPORTATION

The Organizing Committee will provide transportation between Airport and Hotel, as well as Hotel and Competition Hall (Training Center). In order to make available transportation from Airport to Hotel and from Hotel to Airport on time, we require you to fill out **Arrival and Departure** information. Otherwise, no one can be responsible for the transportation on time.

13.VISAS

Visa entry to Ashgabat could be obtained from the Ashgabat Embassy abroad or at Ashgabat International Airport. Ashgabat Weightlifting Federation will supply visa letters to all federation/association.

It is important to send us each participant's copies of non-expired passports and photos to issue visa letter.

IMPORTANT NOTE: Visas will be issued for **free of charge – no cost** for participants who send their passport copies not later than 15th March 2017. Organizing Committee will not guarantee visa assistance for late send passport copies.

14.TEMPERATURE

During April the minimum and maximum temperature average is between 18 °C and 25°C. Average temperature in Ashgabat during Championships 22°C.

15. ELECTRICITY

Voltage: 220-240 Volts.

16. ORGANIZING COMMITTEE:

Turkmenistan Weightlifting Federation (TWF)

Address: Ashgabat, Magtymguly district 166

Tel:(+993 12) 45-69-75

E-mail: weightliftingtm@mail.ru

E-mail: gulnara_yolliyeva@hotmail.com

ASIAN WEIGHTLIFTING FEDERATION (AWF)

Address: P.O Box 2473, Doha, Qatar

Phone: (+974) 44943274 / 3076

Email: info@awfederation.com

Web: www.awfederation.com

ACCOMMODATION FORM

Number of Hotel Rooms

This form must be returned by 15th March 2017

National Weightlifting Federation./Assoc. of _____

Date	Single Room	Double Room

President or General Secretary _____

Name, Surname: _____ **Date:** _____

Signature: _____

Please, fill in this form and send it by email.

Turkmenistan Weightlifting Federation (TWF)

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E-mail: gulnara_yolliyeva@hotmail.com

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Email: info@awfederation.com

Web: www.awfederation.com

PRELIMINARY ENTRY FORM (MEN)

**Please, fill in this form and send it by email till
15th FEBRUARY 2017**

National Weightlifting Federation/Association _____

MEN ATHLETES:

No.	Bodyweight Category	Lifter's Full Name	Date of Birth	Entry Total
1	56			
2	62			
3	69			
4	77			
5	85			
6	94			
7	105			
8	+105			
R				
R				

OFFICIALS:

No.	Official's name		Date of birth			Function
	Family	Given	Day	Month	Year	
1						Team leader
2						Coach
3						Doctor
4						Therapist
5						

President / General Secretary _____

Signature: _____ Date: _____

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PRELIMINARY ENTRY FORM (Women)

Please, fill in this form and send it by email till

15th FEBRUARY 2017

National Weightlifting Federation/Association _____

WOMEN ATHLETES:

No.	Bodyweight Category	Lifter's Full Name	Date of Birth	Entry Total
1	48			
2	53			
3	58			
4	63			
5	69			
6	75			
7	90			
8	+90			
R				
R				

OFFICIALS:

No.	Official's name		Date of birth			Function
	Family	Given	Day	Month	Year	
1						Team leader
2						Coach
3						Doctor
4						Therapist
5						

President / General Secretary _____

Signature: _____ Date: _____

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Phone: (+974) 44943274 / 3076

Email: info@awfederation.com

Web: www.awfederation.com

FINAL ENTRY FORM (MEN)

Please, fill in this form and send it by email till
15th MARCH 2017:

National Weightlifting Federation/Association _____

MEN ATHLETES:

No.	Bodyweight Category	Lifter's Full Name	Date of Birth	Entry Total
1	56			
2	62			
3	69			
4	77			
5	85			
6	94			
7	105			
8	+105			
R				
R				

OFFICIALS:

No.	Official's name		Date of birth			Function
	Family	Given	Day	Month	Year	
1						Team leader
2						Coach
3						Doctor
4						Therapist
5						

President / General Secretary _____

Signature: _____ Date: _____

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Web: www.awfederation.com

FINAL ENTRY FORM (Women)

Please, fill in this form and send it by email till
15th MARCH 2017:

National Weightlifting Federation/Association _____

WOMEN ATHLETES:

No.	Bodyweight Category	Lifter's Full Name	Date of Birth	Entry Total
1	48			
2	53			
3	58			
4	63			
5	69			
6	75			
7	90			
8	+90			
R				
R				

OFFICIALS:

No.	Official's name		Date of birth			Function
	Family	Given	Day	Month	Year	
1						Team leader
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President / General Secretary _____

Signature: _____ Date: _____

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Email: info@awfederation.com

Web: www.awfederation.com

MEDIA ACCREDITATION FORM

No.	Full name	Nationality	Employee	Type of media
1				
2				
3				
4				

President / General Secretary _____

Signature: _____ **Date:** _____

MOBILE CONTACT NUMBER: _____

Please, fill in this form and send it by email till 15th March 2017:

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