



# START BOOK

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PHILIPPINES 2019  
30<sup>TH</sup> SEA GAMES 



## TIME TABLE

	GENDER	CATEGORY	TIME	COMPETITOR	JURY	REFEREE	C.MARSHAL	TIME KEEPER	TECHN.	SECRETARY	DOCTOR
01.12.2019											
1	W	45 kg A	13:00	5	1	1	1		1	1	1
2	M	55 kg A	16:00	6	1	2	2		2	1	1
02.12.2019											
3	W	49 kg A	10:00	5	1	2	2		2	1	1
4	M	61 kg A	13:00	5	1	1	1		1	1	1
5	W	55 kg A	16:00	5	1	2	2		2	1	1
03.12.2019											
6	W	59 kg A	10:00	5	1	1	1		1	1	1
7	M	67 kg A	13:00	4	1	2	2		2	1	1
8	W	64 kg A	16:00	4	1	1	1		1	1	1
04.12.2019											
9	W	71 kg A	13:00	5	1	2	1		2	1	1
10	M	73 kg A	16:00	4	1	1	1		1	1	1



# 2019 SEA GAMES, PHILIPPINES

Venue  
01/12/2019 to 04/12/2019



## GROUP OF JURIES AND REFEREES

### JURY Member Group 1 :

PANG SIEW HUAT [MAS] \*President of Jury  
U MYINT SWE [MYA]  
LIAW TOM [SGP]  
YIMPLOY SOMPOTE [THA]

### REFEREE Member Group 1 :

MAGANY RENY [INA]  
BIN ALIMIN ARIFFIN [MAS]  
GIANG QUACH TRUONG [VIE]  
JALUAG LIZA DANA O [PHI]

### REFEREE Member Group 2 :

U MYO MIN [MYA]  
TAN LAY SANG [SGP]  
PINIJCHAI PRAPASRI [THA]  
RIVERA JOHN PAULO [PHI]



## GROUP OF OTHER COMPETITION OFFICIALS

### CHIEF MARSHAL Member Group 1 :

KEOKA KHAMLOUANG [LAO]

### CHIEF MARSHAL Member Group 2 :

WIMONSAET VISUWAT [THA]

### TECHNICAL CONTROLLER Member Group 1 :

JANIUS AHMAD ABDULLAH [MAS]

DAW NAN AYE KHINE [MYA]

### TECHNICAL CONTROLLER Member Group 2 :

JANIUS AHMAD ABDULLAH [MAS]

JARUDIN ASEP [INA]

### SECRETARY Member Group 1 :

THATMAN SIRILAK [THA]

DELOS SANTOS DIWA [PHI]

### COMPETITION DOCTOR Member Group 1 :

CHUA ARNEIL [PHI]

### COMPETTITION DIRECTO Member Group 1 :

LIMSUKNIRUN NIWAT [THA]



# 2019 SEA GAMES, PHILIPPINES

Venue  
01/12/2019 to 04/12/2019



## STATISTICS MEN

No	TEAM	55 kg	61 kg	67 kg	73 kg	TOTAL
1	INDONESIA : INDONESIA	1	1	1	1	4
2	LAOS : LAOS	1	1			2
3	MALAYSIA : MALAYSIA	1	1		1	3
4	MYANMAR : MYANMAR	1		1	1	3
5	PHILIPPINE : PHILIPPINES	1	1	1		3
6	VIETNAM : VIETNAM	1	1	1	1	4
	Grand Total	6	5	4	4	19



## STATISTICS WOMEN

No	TEAM	45 kg	49 kg	55 kg	59 kg	64 kg	71 kg	TOTAL
1	INDONESIA : INDONESIA	1	1	1	1	1	1	6
2	LAOS : LAOS		1	1				2
3	MALAYSIA : MALAYSIA	1		1	1		1	4
4	MYANMAR : MYANMAR	1	1		1	1	1	5
5	PHILIPPINE : PHILIPPINES	1	1	1	1	1	1	6
6	VIETNAM : VIETNAM	1	1	1	1	1	1	6
	Grand Total	5	5	5	5	4	5	29



# 2019 SEA GAMES, PHILIPPINES

Venue  
01/12/2019 to 04/12/2019



## COMBINED STATISTICS

No	TEAM	MEN	WOMEN	TOTAL
1	INDONESIA : INDONESIA	4	6	10
2	LAOS : LAOS	2	2	4
3	MALAYSIA : MALAYSIA	3	4	7
4	MYANMAR : MYANMAR	3	5	8
5	PHILIPPINE : PHILIPPINES	3	6	9
6	VIETNAM : VIETNAM	4	6	10
	Grand Total	19	29	48



## SENIOR WOMEN'S WORLD RECORDS

CAT.	Lift	Result	Name	Born	Team	Date	Place
45 kg	SNATCH	85Kg.	World Standard	01.11.2018		01.11.2018	World Standard
	CLEAN&JERK	108Kg.	World Standard	01.11.2018		01.11.2018	World Standard
	TOTAL	191Kg.	World Standard	01.11.2018		01.11.2018	World Standard
49 kg	SNATCH	95Kg.	HOU Zhihui	18.03.1997	CHN	06.07.2019	Tokyo
	CLEAN&JERK	120Kg.	PRAMONGKHOL Chayuttra	29.11.1994	THA	03.11.2018	Ashgabat
	TOTAL	212Kg.	JIANG Huihua	22.01.1998	CHN	19.09.2019	Pattaya
55 kg	SNATCH	105Kg.	SRISURAT Sukanya	03.05.1995	THA	03.11.2018	Ashgabat
	CLEAN&JERK	129Kg.	LIAO Qiuyun	13.07.1995	CHN	20.09.2019	Pattaya
	TOTAL	232Kg.	SRISURAT Sukanya	03.05.1995	THA	03.11.2018	Ashgabat
59 kg	SNATCH	107Kg.	CHOE Hyo Sim	05.12.1993	PRK	21.09.2019	Pattaya
	CLEAN&JERK	140Kg.	KUO Hsing Chun	26.11.1993	TPE	21.09.2019	Pattaya
	TOTAL	246Kg.	KUO Hsing Chun	26.11.1993	TPE	21.09.2019	Pattaya
64 kg	SNATCH	116Kg.	DENG Wei	14.02.1993	CHN	22.09.2019	Pattaya
	CLEAN&JERK	145Kg.	DENG Wei	14.02.1993	CHN	22.09.2019	Pattaya
	TOTAL	261Kg.	DENG Wei	14.02.1993	CHN	22.09.2019	Pattaya
71 kg	SNATCH	117Kg.	World Standard	01.11.2018		01.11.2018	World Standard
	CLEAN&JERK	152Kg.	ZHANG Wangli	27.05.1996	CHN	06.11.2018	Ashgabat
	TOTAL	267Kg.	ZHANG Wangli	27.05.1996	CHN	06.11.2018	Ashgabat
76 kg	SNATCH	124Kg.	RIM Jong Sim	05.02.1993	PRK	24.09.2019	Pattaya
	CLEAN&JERK	156Kg.	ZHANG Wangli	27.05.1996	CHN	26.02.2019	Fuzhou
	TOTAL	278Kg.	RIM Jong Sim	05.02.1993	PRK	26.04.2019	Ningbo
81 kg	SNATCH	127Kg.	World Standard	01.11.2018		01.11.2018	World Standard
	CLEAN&JERK	158Kg.	World Standard	01.11.2018		01.11.2018	World Standard
	TOTAL	283Kg.	World Standard	01.11.2018		01.11.2018	World Standard
87 kg	SNATCH	132Kg.	World Standard	01.11.2018		01.11.2018	World Standard
	CLEAN&JERK	164Kg.	World Standard	01.11.2018		01.11.2018	World Standard
	TOTAL	294Kg.	World Standard	01.11.2018		01.11.2018	World Standard
+87 kg	SNATCH	147Kg.	LI Wenwen	05.03.2000	CHN	28.04.2019	Ningbo
	CLEAN&JERK	186Kg.	LI Wenwen	05.03.2000	CHN	27.09.2019	Pattaya
	TOTAL	332Kg.	Li Wenwen	05.03.2000	CHN	27.09.2019	Pattaya





## SENIOR MEN'S WORLD RECORDS

CAT.	Lift	Result	Name	Born	Team	Date	Place
55 kg	SNATCH	135Kg.	World Standard	01.11.2018		01.11.2018	World Standard
	CLEAN&JERK	166Kg.	OM Yun Chol	18.11.1991	PRK	18.09.2019	Pattaya
	TOTAL	294Kg.	OM Yun Chol	18.11.1991	PRK	18.09.2019	Pattaya
61 kg	SNATCH	145Kg.	LI Fabin	15.01.1993	CHN	19.09.2019	Pattaya
	CLEAN&JERK	174Kg.	IRAWAN Eko Yuli	24.07.1989	INA	03.11.2018	Ashgabat
	TOTAL	318Kg.	LI Fabin	15.01.1993	CHN	19.09.2019	Pattaya
67 kg	SNATCH	155Kg.	HUANG Minhao	21.08.1992	CHN	06.07.2019	Tokyo
	CLEAN&JERK	188Kg.	PAK Jong Ju	14.03.1997	PRK	20.09.2019	Pattaya
	TOTAL	339Kg.	CHEN Lijun	08.02.1993	CHN	21.04.2019	Ningbo
73 kg	SNATCH	168Kg.	SHI Zhiyong	10.10.1993	CHN	22.04.2019	Ningbo
	CLEAN&JERK	197Kg.	SHI Zhiyong	10.10.1993	CHN	21.09.2019	Pattaya
	TOTAL	363Kg.	SHI Zhiyong	10.10.1993	CHN	21.09.2019	Pattaya
81 kg	SNATCH	173Kg.	MAHMOUD Mohamed Ihab Youssef Ahmed	21.11.1989	EGY	05.11.2018	Ashgabat
	CLEAN&JERK	207Kg.	LYU Xiaojun	27.07.1984	CHN	22.09.2019	Pattaya
	TOTAL	378Kg.	LYU Xiaojun	27.07.1984	CHN	22.09.2019	Pattaya
89 kg	SNATCH	179Kg.	World Standard	01.11.2018		01.11.2018	World Standard
	CLEAN&JERK	216Kg.	World Standard	01.11.2018		01.11.2018	World Standard
	TOTAL	387Kg.	World Standard	01.11.2018		01.11.2018	World Standard
96 kg	SNATCH	186Kg.	MORADI Sohrab	22.09.1988	IRI	07.11.2018	Ashgabat
	CLEAN&JERK	231Kg.	TIAN Tao	08.04.1994	CHN	07.07.2019	Tokyo
	TOTAL	416Kg.	MORADI Sohrab	22.09.1988	IRI	07.11.2018	Ashgabat
102 kg	SNATCH	191Kg.	World Standard	01.11.2018		01.11.2018	World Standard
	CLEAN&JERK	231Kg.	World Standard	01.11.2018		01.11.2018	World Standard
	TOTAL	412Kg.	World Standard	01.11.2018		01.11.2018	World Standard
109 kg	SNATCH	199Kg.	MARTIROSYAN Simon	17.02.1997	ARM	26.09.2019	Pattaya
	CLEAN&JERK	240Kg.	MARTIROSYAN Simon	17.02.1997	ARM	09.11.2018	Ashgabat
	TOTAL	435Kg.	MARTIROSYAN Simon	17.02.1997	ARM	09.11.2018	Ashgabat
+109 kg	SNATCH	220Kg.	TALAKHADZE Lasha	02.10.1993	GEO	27.09.2019	Pattaya
	CLEAN&JERK	264Kg.	TALAKHADZE Lasha	02.10.1993	GEO	27.09.2019	Pattaya
	TOTAL	484Kg.	TALAKHADZE Lasha	02.10.1993	GEO	27.09.2019	Pattaya



## SENIOR WOMEN'S ASIAN RECORDS

CAT.	Lift	Result	Name	Born	Team	Date	Place
45 kg	SNATCH	84Kg.	Asian Standard				
	CLEAN&JERK	108Kg.	Asian Standard				
	TOTAL	190Kg.	Asian Standard				
49 kg	SNATCH	95Kg.	HOU Zhihui	18.03.1997	CHN	06.07.2019	Tokyo,JPN
	CLEAN&JERK	120Kg.	PRAMONGKHOL Chayuttra	29.11.1994	THA	03.11.2018	Ashgabat,TKM
	TOTAL	212Kg.	JIANG Huihua	22.01.1998	CHN	19.09.2019	Pattaya,THA
55 kg	SNATCH	105Kg.	SRISURAT Sukanya	03.05.1995	THA	03.11.2018	Ashgabat,TKM
	CLEAN&JERK	129Kg.	LIAO Qiuyun	13.07.1995	CHN	20.09.2019	Ningbo,CHN
	TOTAL	232Kg.	SRISURAT Sukanya	03.05.1995	THA	03.11.2018	Ashgabat,TKM
59 kg	SNATCH	107Kg.	Choe Hyo Sim	05.12.1993	PRK	21.09.2019	Pattaya,THA
	CLEAN&JERK	140Kg.	KUO Hsing-Chun	26.11.1993	TPE	21.09.2019	Pattaya,THA
	TOTAL	246Kg.	KUO Hsing-Chun	26.11.1993	TPE	21.09.2019	Pattaya,THA
64 kg	SNATCH	116Kg.	DENG Wei	14.02.1993	CHN	22.09.2019	Pattaya,THA
	CLEAN&JERK	145Kg.	DENG Wei	14.02.1993	CHN	22.09.2019	Pattaya,THA
	TOTAL	261Kg.	DENG Wei	14.02.1993	CHN	22.09.2019	Pattaya,THA
71 kg	SNATCH	117Kg.	Asian Standard				
	CLEAN&JERK	152Kg.	ZHANG Wangli	27.05.1996	CHN	06.11.2018	Ashgabat,TKM
	TOTAL	267Kg.	ZHANG Wangli	27.05.1996	CHN	06.11.2018	Ashgabat,TKM
76 kg	SNATCH	124Kg.	RIM Jong Sim	05.02.1993	PRK	24.09.2019	Pattaya,THA
	CLEAN&JERK	156Kg.	ZHANG Wangli	27.05.1996	CHN	26.02.2019	Fuzhou,CHN
	TOTAL	278Kg.	RIM Jong Sim	05.02.1993	PRK	26.04.2019	Ningbo,CHN
81 kg	SNATCH	125Kg.	Asian Standard				
	CLEAN&JERK	157Kg.	Asian Standard				
	TOTAL	278Kg.	Asian Standard				
87 kg	SNATCH	130Kg.	Asian Standard				
	CLEAN&JERK	162Kg.	Asian Standard				
	TOTAL	289Kg.	Asian Standard				
+87 kg	SNATCH	147Kg.	LI Wenwen	05.03.2000	CHN	28.04.2019	Ningbo,CHN
	CLEAN&JERK	186Kg.	LI Wenwen	05.03.2000	CHN	27.09.2019	Pattaya,THA
	TOTAL	332Kg.	LI Wenwen	05.03.2000	CHN	27.09.2019	Pattaya,THA



## SENIOR MEN'S ASIAN RECORDS

CAT.	Lift	Result	Name	Born	Team	Date	Place
55 kg	SNATCH	135Kg.	Asian Standard				
	CLEAN&JERK	166Kg.	OM Yun Chol	18.11.1991	PRK	18.09.2019	Pattaya,THA
	TOTAL	294Kg.	OM Yun Chol	18.11.1991	PRK	18.09.2019	Pattaya,THA
61 kg	SNATCH	145Kg.	LI Fabin	15.01.1993	CHN	19.09.2019	Pattaya,THA
	CLEAN&JERK	174Kg.	IRAWAN Eko Yuli	24.07.1989	INA	03.11.2018	Ashgabat,TKM
	TOTAL	318Kg.	LI Fabin	15.01.1993	CHN	19.09.2019	Pattaya,THA
67 kg	SNATCH	155Kg.	HUANG Minhao	21.08.1992	CHN	06.07.2019	Tokyo,JPN
	CLEAN&JERK	188Kg.	PAK Jong Ju	14.03.1997	PRK	20.09.2019	Pattaya,THA
	TOTAL	339Kg.	CHEN Lijun	08.02.1993	CHN	21.04.2019	Ningbo,CHN
73 kg	SNATCH	168Kg.	SHI Zhiyong	10.10.1993	CHN	22.04.2019	Ningbo,CHN
	CLEAN&JERK	197Kg.	SHI Zhiyong	10.10.1993	CHN	21.09.2019	Pattaya,THA
	TOTAL	363Kg.	SHI Zhiyong	10.10.1993	CHN	21.09.2019	Pattaya,THA
81 kg	SNATCH	172Kg.	LYU Xiaojun	27.07.1984	CHN	03.11.2018	Ashgabat,TKM
	CLEAN&JERK	207Kg.	LYU Xiaojun	27.07.1984	CHN	22.09.2019	Pattaya,THA
	TOTAL	378Kg.	LYU Xiaojun	27.07.1984	CHN	22.09.2019	Pattaya,THA
89 kg	SNATCH	175Kg.	Asian Standard				
	CLEAN&JERK	216Kg.	Asian Standard				
	TOTAL	387Kg.	Asian Standard				
96 kg	SNATCH	186Kg.	MORADI Sohrab	22.09.1988	IRI	07.11.2018	Ashgabat,TKM
	CLEAN&JERK	231Kg.	TIAN Tao	08.04.1994	CHN	07.07.2019	Tokyo,JPN
	TOTAL	416Kg.	MORADI Sohrab	22.09.1988	IRI	07.11.2018	Ashgabat,TKM
102 kg	SNATCH	186Kg.	Asian Standard				
	CLEAN&JERK	231Kg.	Asian Standard				
	TOTAL	412Kg.	Asian Standard				
109 kg	SNATCH	197Kg.	YANG Zhe	14.07.1991	CHN	28.09.2019	Pattaya,THA
	CLEAN&JERK	237Kg.	Asian Standard				
	TOTAL	422Kg.	Asian Standard				
+109 kg	SNATCH	204Kg.	Asian Standard				
	CLEAN&JERK	249Kg.	Asian Standard				
	TOTAL	448Kg.	Asian Standard				



## START LIST

### WOMEN 45 kg A

Competition : 01.12.2019 13:00

Weigh in : 11:00

No	LOT	NAME	BORN	TEAM	ENT.
<b>45 kg A</b>					
1	10	VUONG THI HUYEN	22/06/1992	VIETNAM	165
2	16	SETIAWATI LISA	04/09/1989	INDONESIA	150
3	18	DIAZ MARY FLOR	04/05/1999	PHILIPPINE	170
4	32	OO ZIN MAY	15/02/1999	MYANMAR	156
5	48	MUHAMMAD ZAMZURI NURUL AFIQAH	18/08/2000	MALAYSIA	145

#### Jury

1. Pang Siew Huat [MAS] \* President of Jury

2. U MYINT Swe [MYA]

3. LIAW Tom [SGP]

Res. YIMPLOY Sompote [THA]

#### Referee

C- BIN ALIMIN Ariffin [MAS]

L- MAGANY Reny [INA]

R- GIANG Quach Truong [VIE]

Res- JALUAG Liza Danao [PHI]

#### Chief Marshal

1. KEOKA Khamlouang [LAO]

#### Technical Controller

1. JANIUS Ahmad Abdullah [MAS]

2. DAW NAN Aye Khine [MYA]

#### Secretary

1. THATMAN Sirilak [THA]

2. DELOS SANTOS Diwa [PHI]

#### Competition Doctor

1. CHUA Arneil [PHI]

Records:	Snatch	Clean and Jerk	Total
45 kg-SENIOR WORLD RECORDS	85 - World Standard	108 - World Standard	191 - World Standard
45 kg-SENIOR ASIAN RECORDS	84 - Asian Standard	108 - Asian Standard	190 - Asian Standard



## START LIST

### MEN 55 kg A

Competition : 01.12.2019 16:00

Weigh in : 14:00

No	LOT	NAME	BORN	TEAM	ENT.
<b>55 kg A</b>					
1	3	CENIZA JOHN FABUAR	07/02/1998	PHILIPPINE	270
2	12	KASDAN MOHAMAD ANIQ	01/01/2000	MALAYSIA	250
3	27	PHYO PYAE	04/12/1989	MYANMAR	240
4	31	LAI GIA THANH	03/05/1998	VIETNAM	262
5	41	WIJOYO SURAHMAT	11/05/1988	INDONESIA	250
6	47	SAECHAO TONESIEN	05/05/2001	LAOS	206

#### Jury

1. Pang Siew Huat [MAS] \* President of Jury
2. U MYINT Swe [MYA]

3. YIMPLOY Sompote [THA]

Res. LIAW Tom [SGP]

#### Referee

C- U MYO Min [MYA]

L- TAN Lay Sang [SGP]

R- PINIJCHAI Prapasri [THA]

Res-  
RIVERA John Paulo [PHI]

#### Chief Marshal

1. WIMONSAET Visuwat [THA]

#### Technical Controller

1. JANIUS Ahmad Abdullah [MAS]

2. JARUDIN Asep [INA]

#### Secretary

1. THATMAN Sirilak [THA]

2. DELOS SANTOS Diwa [PHI]

#### Competition Doctor

1. CHUA Arneil [PHI]

Records:	Snatch	Clean and Jerk	Total
55 kg-SENIOR WORLD RECORDS	135 - World Standard	166 - OM Yun Chol[PRK]	294 - OM Yun Chol[PRK]
55 kg-SENIOR ASIAN RECORDS	135 - Asian Standard	166 - OM Yun Chol[PRK]	294 - OM Yun Chol[PRK]



## START LIST

### WOMEN 49 kg A

Competition : 02.12.2019 10:00

Weigh in : 8:00

No	LOT	NAME	BORN	TEAM	ENT.
49 kg A					
1	21	NGO THI QUYEN	10/10/1997	VIETNAM	175
2	22	PHONGSAKONE BOUAKHAM	24/11/2001	LAOS	120
3	28	AISAH WINDY	11/06/2002	INDONESIA	170
4	30	PHYO PYAE PYAE	08/07/1999	MYANMAR	172
5	40	PEREZ ELIEN ROSE	08/08/1998	PHILIPPINE	170

#### Jury

1. Pang Siew Huat [MAS] \* President of Jury

2. YIMPLOY Sompote [THA]

3. LIAW Tom [SGP]

Res. U MYINT Swe [MYA]

#### Referee

C- RIVERA John Paulo [PHI]

L- U MYO Min [MYA]

R- TAN Lay Sang [SGP]

Res- PINIJCHAI Prapasri [THA]

#### Chief Marshal

1. WIMONSAET Visuwat [THA]

#### Technical Controller

1. JANIUS Ahmad Abdullah [MAS]

2. JARUDIN Asep [INA]

#### Secretary

1. THATMAN Sirilak [THA]

2. DELOS SANTOS Diwa [PHI]

#### Competition Doctor

1. CHUA Arneil [PHI]

#### Records:

#### Snatch

#### Clean and Jerk

#### Total

49 kg-SENIOR WORLD RECORDS

95 - HOU Zhihui[CHN]

120 - PRAMONGKHOL Chayuttra[THA]

212 - JIANG Huihua[CHN]

49 kg-SENIOR ASIAN RECORDS

95 - HOU Zhihui[CHN]

120 - PRAMONGKHOL Chayuttra[THA]

212 - JIANG Huihua[CHN]



## START LIST

### MEN 61 kg A

Competition : 02.12.2019 13:00

Weigh in : 11:00

No	LOT	NAME	BORN	TEAM	ENT.
<b>61 kg A</b>					
1	1	IRAWAN EKO	24/07/1989	INDONESIA	280
2	6	PHETHUENYAO KHAMSA MOUTH	25/05/1998	LAOS	178
3	29	BIN BIDIN MUHAMAD AZNIL	04/06/1994	MALAYSIA	300
4	35	THACH KIM TUAN	15/01/1994	VIETNAM	280
5	36	PACALDO DAVE LLOYD	01/10/1999	PHILIPPINE	260

#### Jury

1. Pang Siew Huat [MAS] \* President of Jury

2. U MYINT Swe [MYA]

3. LIAW Tom [SGP]

Res. YIMPLOY Sompote [THA]

#### Referee

C- BIN ALIMIN Ariffin [MAS]

L- MAGANY Reny [INA]

R- JALUAG Liza Danao [PHI]

Res- GIANG Quach Truong [VIE]

#### Chief Marshal

1. KEOKA Khamlouang [LAO]

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1. JANIUS Ahmad Abdullah [MAS]

2. DAW NAN Aye Khine [MYA]

#### Secretary

1. THATMAN Sirilak [THA]

2. DELOS SANTOS Diwa [PHI]

#### Competition Doctor

1. CHUA Arneil [PHI]

Records:	Snatch	Clean and Jerk	Total
61 kg-SENIOR WORLD RECORDS	145 - LI Fabin[CHN]	174 - IRAWAN Eko Yuli[INA]	318 - LI Fabin[CHN]
61 kg-SENIOR ASIAN RECORDS	145 - LI Fabin[CHN]	174 - IRAWAN Eko Yuli[INA]	318 - LI Fabin[CHN]



## START LIST

### WOMEN 55 kg A

Competition : 02.12.2019 16:00

Weigh in : 14:00

No	LOT	NAME	BORN	TEAM	ENT.
<b>55 kg A</b>					
1	9	KLARISA JULIANA	29/07/2002	INDONESIA	170
2	11	VUE MAIYIA	02/09/2002	LAOS	136
3	24	DIAZ HIDILYN	20/02/1991	PHILIPPINE	210
4	44	ENGELBERT ELLY CASCANDRA	19/06/2000	MALAYSIA	170
5	46	NGUYEN THI THUY	23/08/1990	VIETNAM	190

#### Jury

1. Pang Siew Huat [MAS] \* President of Jury

2. U MYINT Swe [MYA]

3. YIMPLOY Sompote [THA]

Res. LIAW Tom [SGP]

#### Referee

C- PINIJCHAI Prapasri [THA]

L-RIVERA John Paulo [PHI]

R- U MYO Min [MYA]

Res- TAN Lay Sang [SGP]

#### Chief Marshal

1. WIMONSAET Visuwat [THA]

#### Technical Controller

1. JANIUS Ahmad Abdullah [MAS]

2. JARUDIN Asep [INA]

#### Secretary

1. THATMAN Sirilak [THA]

2. DELOS SANTOS Diwa [PHI]

#### Competition Doctor

1. CHUA Arneil [PHI]

Records:	Snatch	Clean and Jerk	Total
55 kg-SENIOR WORLD RECORDS	105 - SRISURAT Sukanya[THA]	129 - LIAO Qiuyun[CHN]	232 - SRISURAT Sukanya[THA]
55 kg-SENIOR ASIAN RECORDS	105 - SRISURAT Sukanya[THA]	129 - LIAO Qiuyun[CHN]	232 - SRISURAT Sukanya[THA]





## START LIST

### WOMEN 59 kg A

Competition : 03.12.2019 10:00

Weigh in : 8:00

No	LOT	NAME	BORN	TEAM	ENT.
59 kg A					
1	4	ANDRIANI PUTRI	16/05/2002	INDONESIA	175
2	15	HOANG THI DUYEN	26/04/1996	VIETNAM	205
3	25	MARCUS MARCEETA MARLYNE	07/02/1998	MALAYSIA	180
4	33	SU THIN THIN	01/05/1999	MYANMAR	160
5	34	COLONIA MARGARET	09/12/1998	PHILIPPINE	190

#### Jury

1. Pang Siew Huat [MAS] \* President of Jury

2. YIMPLOY Sompote [THA]

3. LIAW Tom [SGP]

Res. U MYINT Swe [MYA]

#### Referee

C- BIN ALIMIN Ariffin [MAS]

L- JALUAG Liza Danao [PHI]

R- MAGANY Reny [INA]

Res- GIANG Quach Truong [VIE]

#### Chief Marshal

1. KEOKA Khamlouang [LAO]

#### Technical Controller

1. JANIUS Ahmad Abdullah [MAS]

2. DAW NAN Aye Khine [MYA]

#### Secretary

1. THATMAN Sirilak [THA]

2. DELOS SANTOS Diwa [PHI]

#### Competition Doctor

1. CHUA Arneil [PHI]

Records:	Snatch	Clean and Jerk	Total
59 kg-SENIOR WORLD RECORDS	107 - CHOE Hyo Sim[PRK]	140 - KUO Hsing Chun[TPE]	246 - KUO Hsing Chun[TPE]
59 kg-SENIOR ASIAN RECORDS	107 - Choe Hyo Sim[PRK]	140 - KUO Hsing-Chun[TPE]	246 - KUO Hsing-Chun[TPE]



## START LIST

### MEN 67 kg A

Competition : 03.12.2019 13:00

Weigh in : 11:00

No	LOT	NAME	BORN	TEAM	ENT.
67 kg A					
1	2	NAING KAUNG SETT	15/06/1998	MYANMAR	260
2	13	DINH XUAN HOANG	18/07/1998	VIETNAM	295
3	17	DENI	26/07/1989	INDONESIA	280
4	43	COLONIA NESTOR	16/02/1992	PHILIPPINE	270

#### Jury

1. Pang Siew Huat [MAS] \* President of Jury

2. U MYINT Swe [MYA]

3. LIAW Tom [SGP]

Res. YIMPLOY Sompote [THA]

#### Referee

C- TAN Lay Sang [SGP]

L- PINIJCHAI Prapasri [THA]

R- RIVERA John Paulo [PHI]

Res- U MYO Min [MYA]

#### Chief Marshal

1. WIMONSAET Visuwat [THA]

#### Technical Controller

1. JANIUS Ahmad Abdullah [MAS]

2. JARUDIN Asep [INA]

#### Secretary

1. THATMAN Sirilak [THA]

2. DELOS SANTOS Diwa [PHI]

#### Competition Doctor

1. CHUA Arneil [PHI]

Records:	Snatch	Clean and Jerk	Total
67 kg-SENIOR WORLD RECORDS	155 - HUANG Minhao[CHN]	188 - PAK Jong Ju[PRK]	339 - CHEN Lijun[CHN]
67 kg-SENIOR ASIAN RECORDS	155 - HUANG Minhao[CHN]	188 - PAK Jong Ju [PRK]	339 - CHEN Lijun[CHN]



## START LIST

### WOMEN 64 kg A

Competition : 03.12.2019 16:00

Weigh in : 14:00

No	LOT	NAME	BORN	TEAM	ENT.
<b>64 kg A</b>					
1	7	PHAM THI HONG THANH	08/05/1999	VIETNAM	205
2	20	HLAING WAI WAI	12/01/1999	MYANMAR	165
3	38	ANDO ELREEN ANN	01/11/1995	PHILIPPINE	210
4	45	STUDY BERNADICTA	02/03/2002	INDONESIA	170

#### Jury

1. Pang Siew Huat [MAS] \* President of Jury

2. U MYINT Swe [MYA]

3. YIMPLOY Sompote [THA]

Res. LIAW Tom [SGP]

#### Referee

C- BIN ALIMIN Ariffin [MAS]

L- GIANG Quach Truong [VIE]

R- JALUAG Liza Danao [PHI]

Res- MAGANY Reny [INA]

#### Chief Marshal

1. KEOKA Khamlouang [LAO]

#### Technical Controller

1. JANIUS Ahmad Abdullah [MAS]

2. DAW NAN Aye Khine [MYA]

#### Secretary

1. THATMAN Sirilak [THA]

2. DELOS SANTOS Diwa [PHI]

#### Competition Doctor

1. CHUA Arneil [PHI]

Records:	Snatch	Clean and Jerk	Total
64 kg - SENIOR WORLD RECORDS	116 - DENG Wei[CHN]	145 - DENG Wei[CHN]	261 - DENG Wei[CHN]
64 kg - SENIOR ASIAN RECORDS	116 - DENG Wei[CHN]	145 - DENG Wei[CHN]	261 - DENG Wei[CHN]



## START LIST

### WOMEN 71 kg A

Competition : 04.12.2019 13:00

Weigh in : 11:00

No	LOT	NAME	BORN	TEAM	ENT.
71 kg A					
1	19	NGUYEN THI VAN	16/12/1998	VIETNAM	210
2	23	SAMUEL JABRIELLA TEO	06/07/1998	MALAYSIA	190
3	26	RAMADANI TSABITHA	23/12/2000	INDONESIA	180
4	39	MACROHON KRISTEL	02/09/1996	PHILIPPINE	210
5	42	AYE ZIN MAR	27/09/1999	MYANMAR	165

#### Jury

1. Pang Siew Huat [MAS] \* President of Jury

2. YIMPLOY Sompote [THA]

3. LIAW Tom [SGP]

Res. U MYINT Swe [MYA]

#### Referee

C- U MYO Min [MYA]

L- TAN Lay Sang [SGP]

R- PINIJCHAI Prapasri [THA]

Res-  
RIVERA John Paulo [PHI]

#### Chief Marshal

1. KEOKA Khamlouang [LAO]

#### Technical Controller

1. JANIUS Ahmad Abdullah [MAS]

2. JARUDIN Asep [INA]

#### Secretary

1. THATMAN Sirilak [THA]

2. DELOS SANTOS Diwa [PHI]

#### Competition Doctor

1. CHUA Arneil [PHI]

Records:	Snatch	Clean and Jerk	Total
71 kg-SENIOR WORLD RECORDS	117 - World Standard	152 - ZHANG Wangli[CHN]	267 - ZHANG Wangli[CHN]
71 kg-SENIOR ASIAN RECORDS	117 - Asian Standard	152 - ZHANG Wangli[CHN]	267 - ZHANG Wangli[CHN]



## START LIST

### MEN 73 kg A

Competition : 04.12.2019 16:00

Weigh in : 14:00

No	LOT	NAME	BORN	TEAM	ENT.
<b>73 kg A</b>					
1	5	WIN KYAW MOE	15/07/1986	MYANMAR	290
2	8	ABDULLAH RAHMAT	13/10/2000	INDONESIA	290
3	14	PHAM TUAN ANH	20/03/1993	VIETNAM	310
4	37	HIDAYAT MUHAMMAD ERRY	24/11/1999	MALAYSIA	310

#### Jury

1. Pang Siew Huat [MAS] \* President of Jury

2. U MYINT Swe [MYA]

3. LIAW Tom [SGP]

Res. YIMPLOY Sompote [THA]

#### Referee

C- BIN ALIMIN Ariffin [MAS]

L- MAGANY Reny [INA]

R- GIANG Quach Truong [VIE]

Res- JALUAG Liza Danao [PHI]

#### Chief Marshal

1. KEOKA Khamlouang [LAO]

#### Technical Controller

1. JANIUS Ahmad Abdullah [MAS]

2. DAW NAN Aye Khine [MYA]

#### Secretary

1. THATMAN Sirilak [THA]

2. DELOS SANTOS Diwa [PHI]

#### Competition Doctor

1. CHUA Arneil [PHI]

Records:	Snatch	Clean and Jerk	Total
73 kg - SENIOR WORLD RECORDS	168 - SHI Zhiyong[CHN]	197 - SHI Zhiyong[CHN]	363 - SHI Zhiyong[CHN]
73 kg - SENIOR ASIAN RECORDS	168 - SHI Zhiyong[CHN]	197 - SHI Zhiyong[CHN]	363 - SHI Zhiyong[CHN]